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GOVERNOR'S SCHOOL
for Government and International Studies

Summer Assignment 2021-22

Course: AP Biology

Assignment title	Video Notes & Biochemistry Worksheets
Date due	Part 1 – Video Notes – due 1 st day/block of class Part 2 – Biochemistry Worksheets – due 2 nd day/block of class
Estimated time for completion	6 – 7 hours
Resources needed to complete assignment	<input checked="" type="checkbox"/> Textbook - OpenStax Biology for AP Courses <input checked="" type="checkbox"/> Notes in packet <input checked="" type="checkbox"/> Other supplies: device(s) with internet capabilities.
How the assignment will be assessed	The Video Notes will be scored using the accompanying rubric and guidelines. The Biochemistry Questions will be scored for correctness. Both assignments will be averaged together and will be counted as a project grade for the 1 st quarter (Q1).
Purpose of assignment	<input checked="" type="checkbox"/> Review of foundational material/concepts/skills. <input checked="" type="checkbox"/> Expose students to required material/concepts/skills/texts that will not be covered during the academic year. <input checked="" type="checkbox"/> Have students read material that will be discussed or used in class at the beginning of the year.

AP Biology Summer Assignment

Welcome to AP Biology! This course is designed to be the equivalent of a two-semester introductory biology course usually taken in the first year of college. In other words, it is a little like drinking from a fire hose. It will be a rewarding experience, but as with most things that are, it will also be challenging. Throughout the course, you will become familiar with major recurring ideas that persist throughout all topics and material.

The 4 Big Ideas of AP Biology
Big Idea 1: The process of evolution drives the diversity and unity of life.
Big Idea 2: Biological systems utilize free energy and molecular building blocks to grow, to reproduce and to maintain dynamic homeostasis.
Big Idea 3: Living systems store, retrieve, transmit and respond to information essential to life processes.
Big Idea 4: Biological systems interact, and these systems and their interactions possess complex properties.

On the pages that follow, you will find instructions for the two assignments that comprise your summer work for AP Biology. Both assignments will review biological chemistry concepts that you learned in freshman biology as well as foundational chemistry concepts you learned your sophomore year in chemistry. The first part of the assignment involves watching several assigned videos and taking video notes on your own paper or electronic document. The second part of your summer assignment consists of completing several sets of questions focusing on biological chemistry in a Google Slides Presentation.

Your video notes are due on the 1st day of AP Biology and your biochemistry worksheets will be due on the 2nd day. Both will be averaged together and counted as a project grade for the 1st quarter. *No late summer assignments will be accepted!*

Included in this document is the following information :

Document	Page(s)
Assignment #1 – Video Notes	
● Instructions and Content Video List	3
Assignment #2 – Biochemistry Notes & Questions	
● Notes	
○ Organic Chemistry Basics – functional groups	4 - 5
○ Water	6 - 9
○ Carbohydrates	10 - 11
○ Lipids	12 - 14
○ Proteins	15 - 18
● Link to Biochemistry Questions (Google Slides Presentation)	18

Assignment #1 – Video Notes – due 1st day of AP Biology

Watch the videos listed below and take notes on each of them (either hand-written or computer generated). The notes should be your **original work**. EACH note sheet will be scored 0 to 5 based on completeness and thoroughness as shown in the rubric below. Note pages **will not** be accepted late.

#	Video Content	Links
005	Essential Characteristics of Life	https://bit.ly/2HUpSES
010	Abiogenesis	https://bit.ly/2U6a7Yg
	Molecules of Life	https://bit.ly/2lwqLXK
	Carbohydrates	https://bit.ly/2L7RADv
	Lipids	https://bit.ly/2lqVDJh
	Proteins	https://bit.ly/2IJHWIS
	Water – A Polar Molecule	https://bit.ly/2TUsfnQ

0 No Credit	2 Below Expectations	3 – 4 Complete	5 Meets Expectations
No notes OR copied from a peer	Several criteria are missing from entry	All criteria are met, but there is room for improvement within criteria OR one criterion is missing from entry	All criteria listed below are met OR have been exceeded for each entry.

What does work that “meets expectations” have?



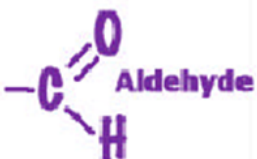
- ★ Each video’s notes are on a different page of a handwritten or electronic document.
- ★ The video’s title is written as it appears in the video on the top line of the page.
- ★ The notes are legibly written or typed.
- ★ Highlighting, colors, and/or a variety of fonts are used to emphasize key points, new vocabulary, and/or important concepts.
- ★ Examples are documented in your notes in some way when given in the video.
- ★ Pictures, charts, or graphs are used to display details provided in the video.
- ★ A summary of the video content is provided at the end of the notes. Please emphasize the summary in some way (title it, star it, highlight it, etc.)
- ★ **Each set of notes is pledged for authenticity and indication of MLWGS Honor Code.**

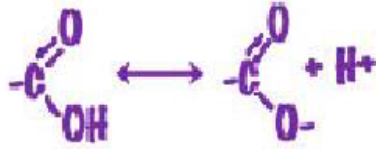
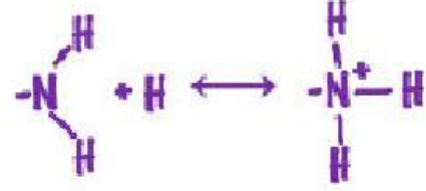
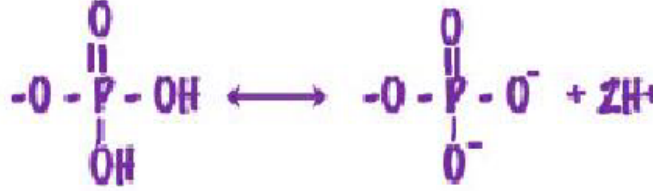
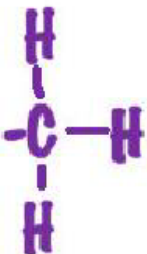
Notes are to be **original work** and are not to be copied from a peer – these serve as a log of what you have learned from the video. Copying them from a peer and not watching the video does you no good. You will receive zero credit if you are found submitting work that is too closely aligned with a classmate’s work.

NOTES - ORGANIC CHEMISTRY BASICS

PROPERTIES OF CARBON:

- Has 4 valence electrons
- Form 4 covalent bonds (single, double, triple)
- Carbon chain
 - Straight, branching, ring
 - Varies in length, number and location of double bonds, and presence of other elements
- Forms isomers
 $C_6H_{12}O_6$ chemical formula for glucose, fructose, & galactose

FUNCTIONAL GROUP	DRAWING/ FORMULA	PROPERTIES
Hydroxyl		<ul style="list-style-type: none"> • Polar • Water soluble • Alcohols
Carbonyl	 Ketone  Aldehyde	<ul style="list-style-type: none"> • Polar • Water soluble

FUNCTIONAL GROUP	DRAWING/ FORMULA	PROPERTIES
Carboxyl	<p style="text-align: center;">-COOH</p> 	<ul style="list-style-type: none"> • Polar • Water soluble • Acid
Amino	<p style="text-align: center;">-NH₂</p> 	<ul style="list-style-type: none"> • Polar • Water soluble • Weak base
Sulphydral	<p style="text-align: center;">-SH</p>	<ul style="list-style-type: none"> • Form disulfide bridges • Stabilize protein shape
Phosphate		<ul style="list-style-type: none"> • Polar • Water soluble • Acid • Important in energy transfer
Methyl	<p style="text-align: center;">-CH₃</p> 	<ul style="list-style-type: none"> • Nonpolar • Not water soluble

NOTES - WATER, ACIDS, BASES, BUFFERS

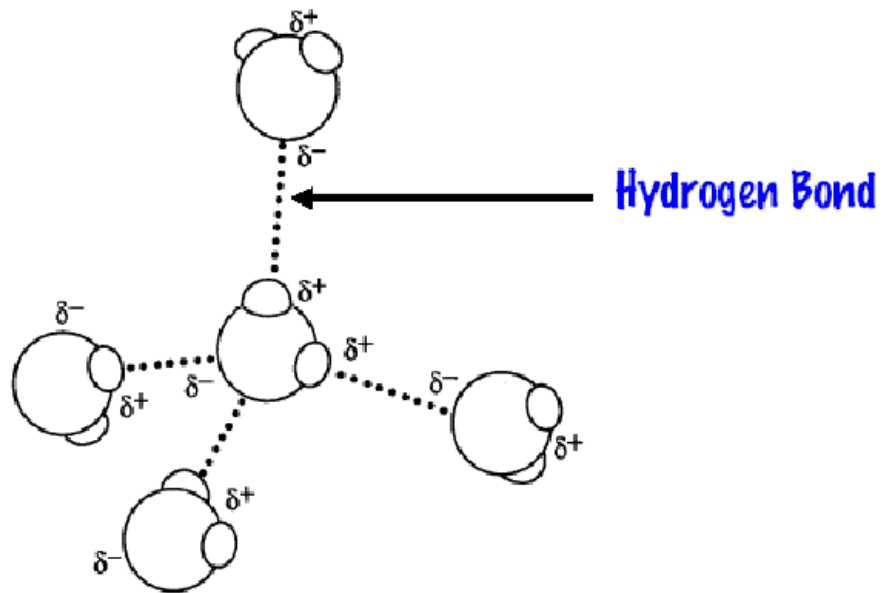
STRUCTURE & GEOMETRY OF WATER:

Water is polar



Maximum number of H bonds = 4

Each water molecule can form a max. of 4 hydrogen bonds with 4 other water molecules



PROPERTIES OF WATER:

Liquid water is cohesive

Cohesion = H bonds between water molecules; H₂O molecules tend to stick tog.
Importance = Transport H₂O against gravity in plants
Higher surface tension

Water has a high specific heat

Takes a lot of energy to raise 1 gram of H₂O 1 °C
Why? Must break H bonds
Liquid H₂O can absorb large amounts of heat with small changes in temperature

Water has a high heat of vaporization

Takes a lot of energy to convert liquid H₂O into vapor
Why? Must break H bonds
Keeps water in liquid state

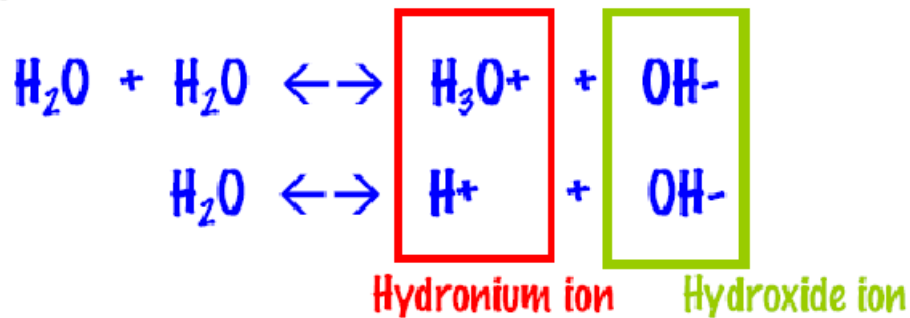
Water expands with it freezes

Solid H₂O is less dense than liquid H₂O
Why? In solid state H₂O locked into max. number of H bonds; takes up more space

Water is a versatile solvent

Will dissolve polar covalent and ionic compounds

DISSOCIATION OF WATER:



1 out of 554,000,000 water molecules dissociates

At equilibrium in pure water at 25°C

$$[\text{H}^+] = [\text{OH}^-] = 1.0 \times 10^{-7} \text{ M}$$

If add $[\text{H}^+]$ to pure water

Removes OH^-

Equilibrium shifts left

$$[\text{H}^+] > [\text{OH}^-]$$

If add $[\text{OH}^-]$ to pure water

Removes H^+

Equilibrium shifts left

$$[\text{OH}^-] > [\text{H}^+]$$

reduces H^+ indirectly

If add NH_3



Reduces H^+ directly

PH SCALE:

$$\text{pH} = -\log_{10}[\text{H}^+]$$

$$\text{if } [\text{H}^+] = 10^{-7}$$

$$\text{then pH} = 7$$

$$[\text{H}^+] \times [\text{OH}^-] = 10^{-14}$$

$$\text{If } [\text{H}^+] = 10^{-9}$$

$$\text{Then } [\text{OH}^-] = 10^{-5}$$

$$\text{pOH} = 5$$

$$\text{pH} = 9$$

BUFFERS:		
Description	Function	Importance
Weak acids or bases	Minimize changes in pH	Controls chemical reactions Maintains homeostasis

BICARBONATE BUFFER SYSTEM:



HCO_3^- = Bicarbonate (weak base)

H_2CO_3 = Carbonic acid (weak acid)

Major buffer system in blood

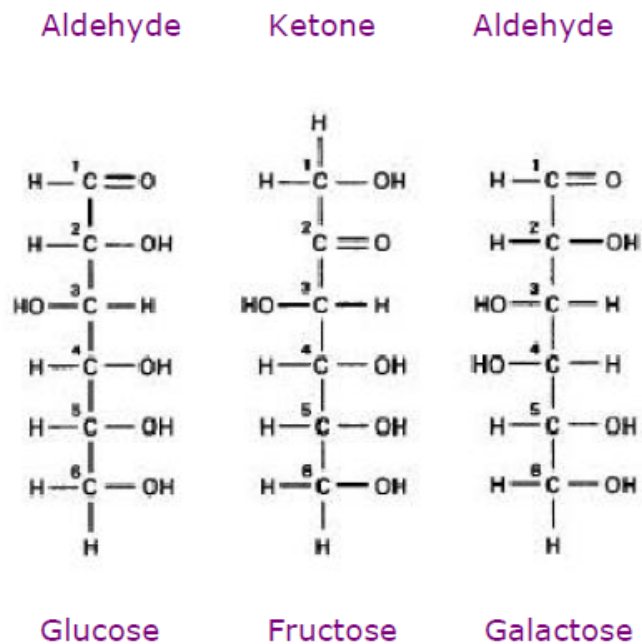
Maintains blood pH between 7.38 and 7.42

Action:	Effect:
Increase $[\text{H}^+]$ How? Fat metabolism OD on acidic drug	Increase $[\text{H}^+]$ Equilibrium shifts left $\text{H}^+ + \text{HCO}_3^- \rightarrow \text{H}_2\text{CO}_3 \rightarrow \text{CO}_2 + \text{H}_2\text{O}$ Increase $[\text{CO}_2]$ Increase rate and depth of respiration
Increase Rate & Depth of Respiration Hyperventilate	Decrease $[\text{CO}_2]$ Equilibrium shifts left $\text{H}^+ + \text{HCO}_3^- \rightarrow \text{H}_2\text{CO}_3 \rightarrow \text{CO}_2 + \text{H}_2\text{O}$ Blood pH increases

NOTES - CARBOHYDRATES

GENERAL CHARACTERISTICS:

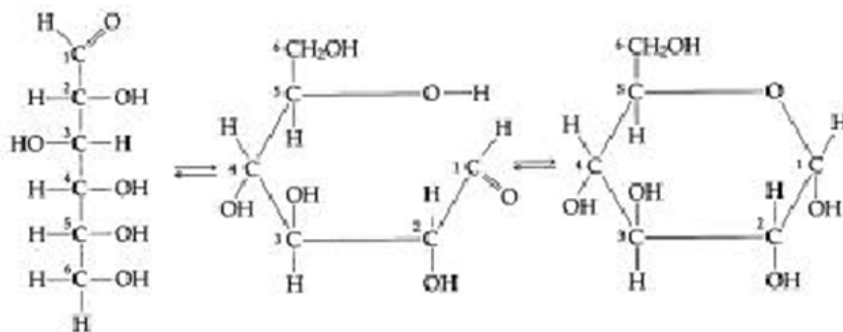
- ◆ Polymers of simple sugars
- ◆ Classified according to number of simple sugars
- ◆ Sugars
 - 3 to 7 carbons
 - -OH attached to each carbon except one
- ◆ Aldehydes or ketones



MONOSACCHARIDES:

- ◆ Simple sugars
- ◆ Monomers of di- and polysaccharides
- ◆ Store energy in chemical bonds

- Trioses
 - 3 carbon sugar
 - glyceraldehyde
- Pentose
 - 5 carbon sugar
 - Ribose
 - Deoxyribose
- Hexose
 - 6 carbon sugar
 - Glucose
 - Galactose
 - Fructose



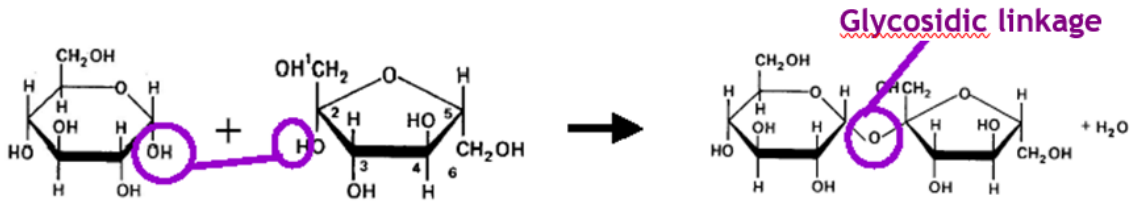
Glucose
Linear form (dry)

Glucose
ring form (in sol.)

DISACCHARIDES:

Double sugars

Condensation Synthesis: removal of water molecule to form bond between monomers



Glucose	+	Fructose	→	Sucrose	+	water
Glucose	+	Glucose	→	Maltose	+	water
Glucose	+	Galactose	→	Lactose	+	water

POLYSACCHARIDES:

Many monosaccharides covalently bonded together

FUNCTIONS:

Storage

Starch: storage carbohydrate in plants

Glycogen: storage carbohydrate in animals

Structural

Cellulose: plant cell wall component

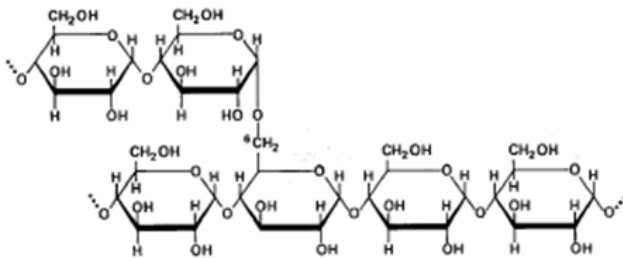
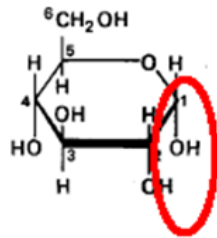
Chitin: polymer of amino sugar
building block of exoskeletons

STARCH VS CELLULOSE

Starch

Polymer of α - glucose

Branched α 1-4 linkages



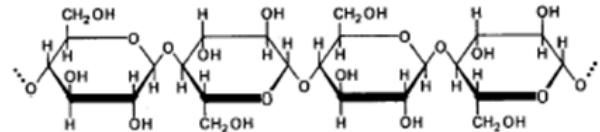
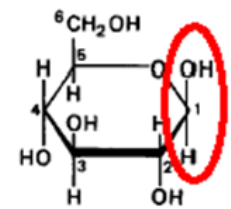
Cellulose

Polymer of β - glucose

Linear

Unbranched β 1-4 linkages

Most animals lack enzyme to break β 1-4 linkages

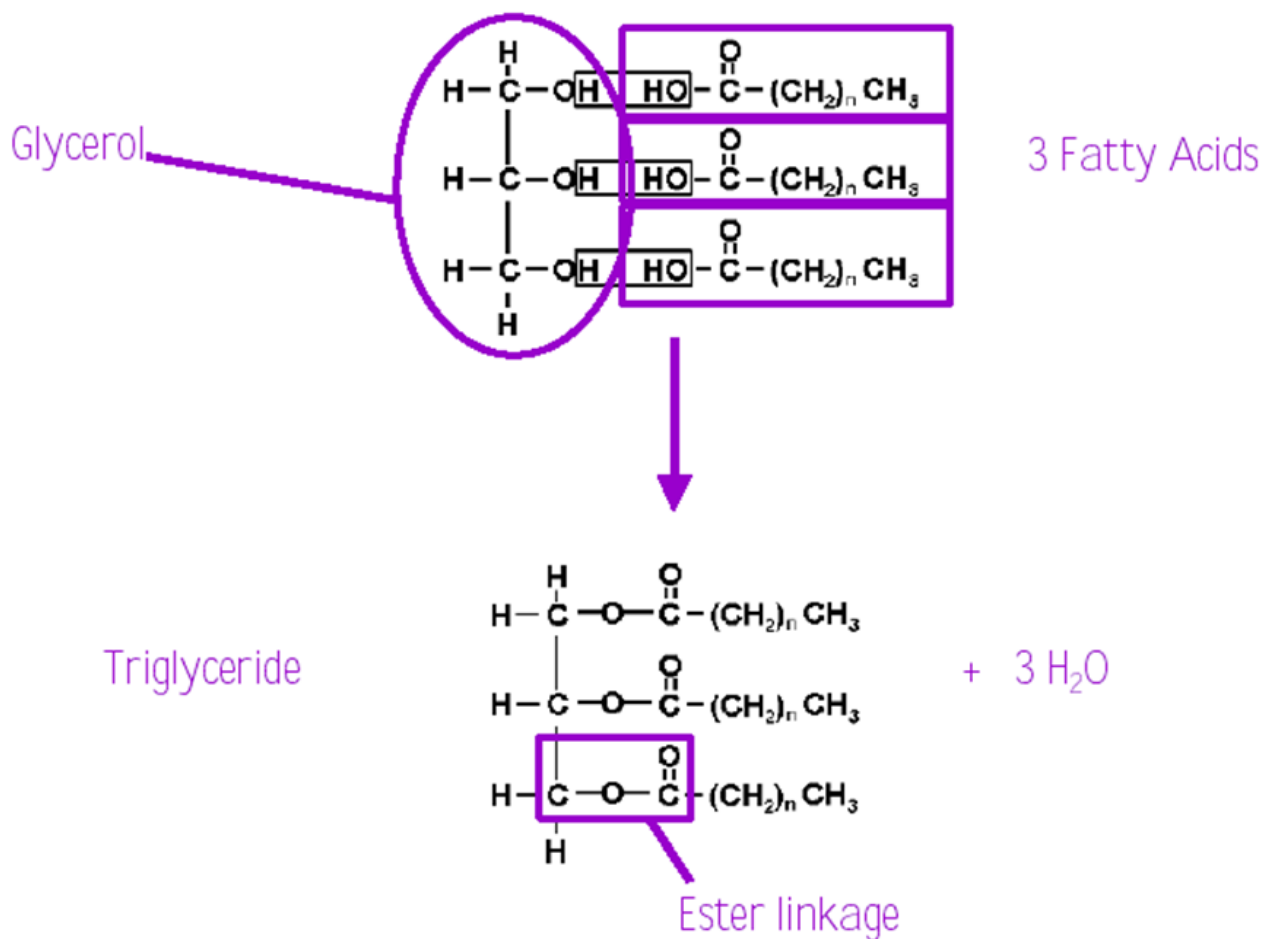


NOTES - LIPIDS

General Characteristics:

Not soluble in water
Mostly hydrocarbon chains
Fats, steroids, phospholipids

Building Blocks:



Fats:

Glycerol + fatty acids
Triglycerides have 3 fatty acids
Fatty acids present may vary

Compact energy source
Cushions vital organs
Provides insulation

Saturated:

No double bonds between carbons
Straight chain

Fatty acid

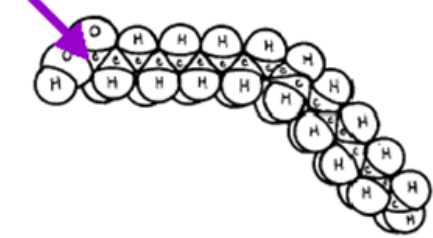


Usually solid at room temperature
Straight chains allow for tight packing
Most animal fats

Unsaturated:

At least 1 double bond between carbons
Hydrocarbon chain is bent

Fatty acid



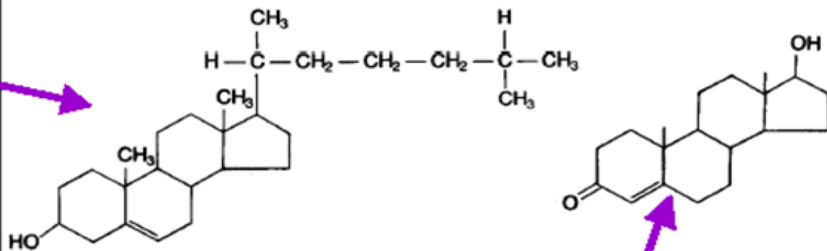
Usually liquid at room temperature
Bent chain prevents tight packing
Most plant fats

STEROIDS:

Consist of 4 fused carbon rings
Three are 6-sided
One is 5-sided
Attached functional groups vary

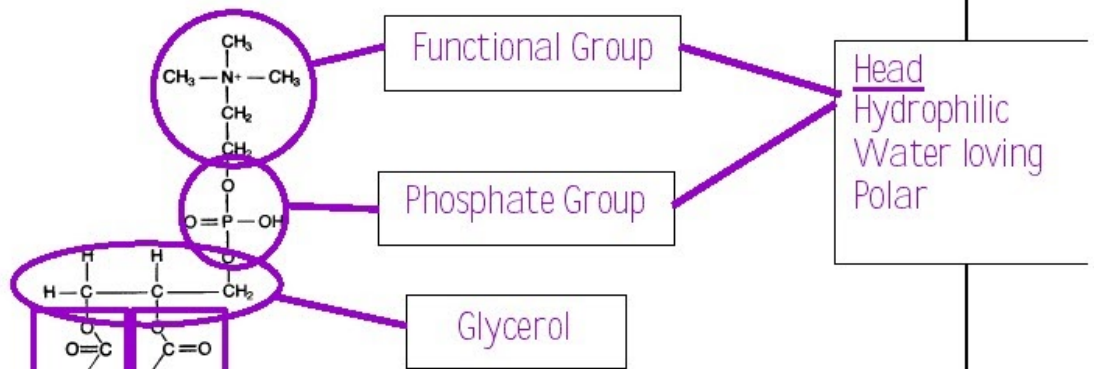
Cholesterol

- Precursor of other steroids
- Component of animal cell membranes
- Contributes to arteriosclerosis



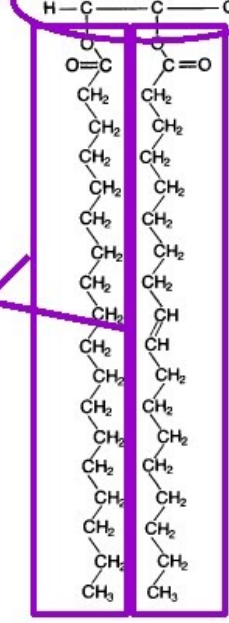
Testosterone

PHOSPHOLIPIDS:

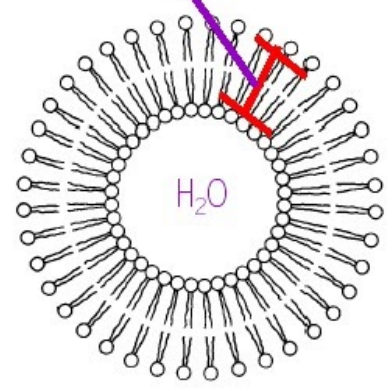


Head
Hydrophilic
Water loving
Polar

- 2 Fatty acid chains
- Make up Tail of phospholipid
 - Hydrophobic
 - Water fearing
 - Nonpolar



Nonpolar hydrophobic core



H₂O

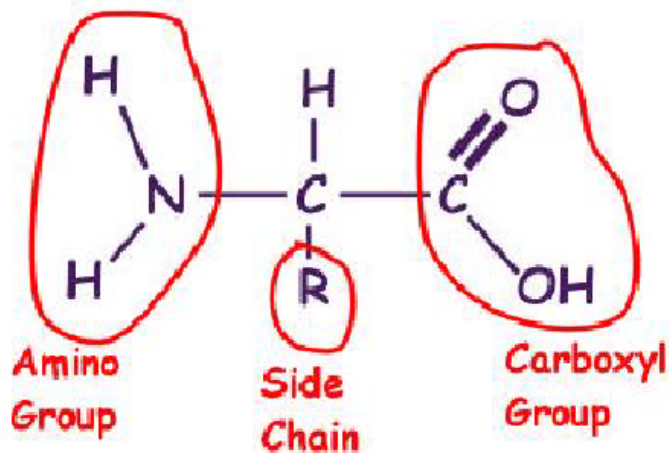
Notes - PROTEINS

GENERAL CHARACTERISTICS AND IMPORTANCES:

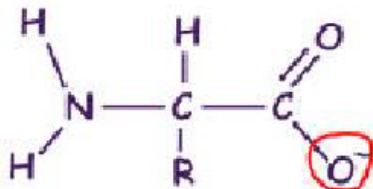
- Polymers of amino acids
- Each has unique 3-D shape
- Vary in sequence of amino acids
- Major component of cell parts
- Provide support
- Storage of amino acids
- Receptor proteins; contractile proteins; antibodies; enzymes

BUILDING BLOCKS:

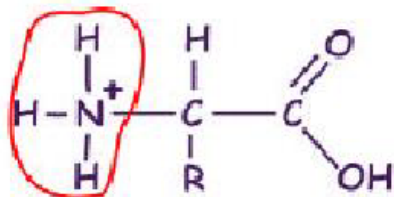
Amino acids
20 different
amino acids



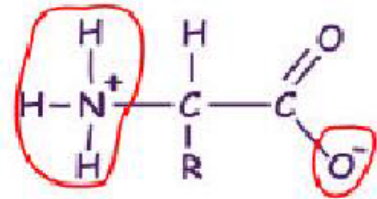
ANION



CATION



DIPOLAR ION



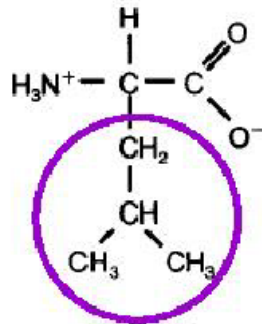
CLASSIFICATION:

Based on properties of side chain

NONPOLAR:

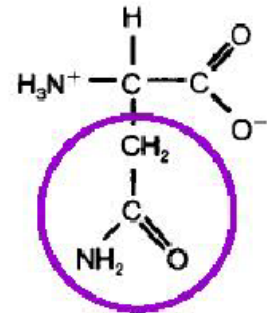
Hydrocarbon
Chains

No oxygen



POLAR:

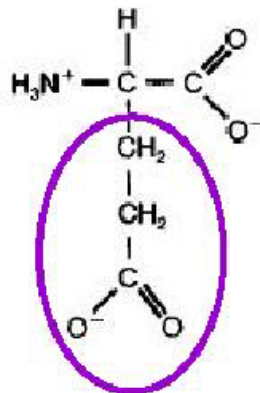
Oxygen present
Sometimes sulfur
No charge



POLAR CHARGED ACIDIC:

Negative
charge

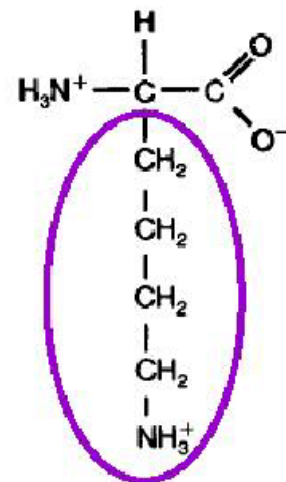
Donate H+
to solution



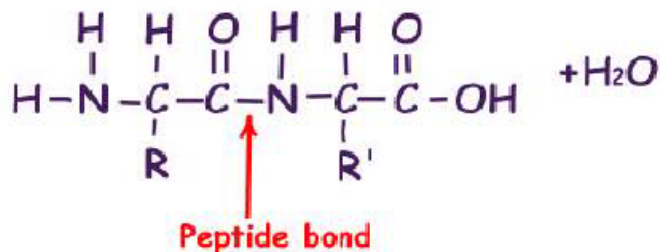
POLAR CHARGED BASIC:

Positive
charge

Gain H+ from
solution



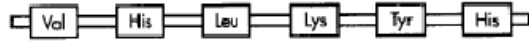
PEPTIDE BONDS:



PROTEIN CONFORMATION:

Unique 3-D shape

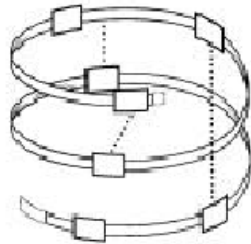
PRIMARY:



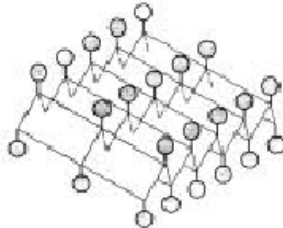
- Sequence of amino acids
- Determined by genes (sequence of bases in DNA)

SECONDARY:

α helix

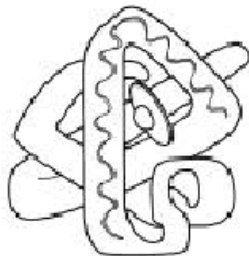


β pleated sheet



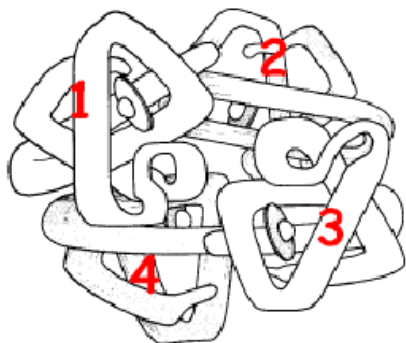
- Regular repeated folding of peptide chain
- Folding stabilized by hydrogen bonds

TERTIARY:



- Globular proteins
- Irregular contortion
- Shape stabilized by H bonds, ionic bonds, hydrophobic interactions, disulfide bridges
- Enzymes

QUATERNARY:



- Interaction of several polypeptides
- Hemoglobin
- Collagen

Hemoglobin
4 polypeptide chains

DENATURATION:

Changing protein's native conformation

Change shape = change in activity

How?

1. High temperature
2. Chemical agent (acid or base) change in pH
3. Organic solvent

[Link to Biochemistry Questions in a Google Slides Presentation](#)

- open the presentation, make a copy to your google drive and THEN answer the questions.
- you will submit the assignment through Schoology at the beginning of the school year