

## **STUDENT-ATHLETE SUDDEN CARDIAC ARREST**

In order to participate in any extracurricular physical activity, each student-athlete and the student-athlete's parent or guardian must review, on an annual basis, information provided by the school on symptoms that may lead to sudden cardiac arrest. After reviewing the materials, each student-athlete and the student-athlete's parent or guardian must sign a statement acknowledging receipt of such information, in a manner approved by the Virginia Board of Education.

A student-athlete who is experiencing symptoms that may lead to sudden cardiac arrest must be immediately removed from play. A student-athlete who is removed from play shall not return to play until the student-athlete is evaluated by and receives written clearance to return to physical activity by an appropriate licensed healthcare provider as determined by the Virginia Board of Education. The licensed healthcare provider evaluating student-athletes may be a volunteer.

The director is responsible for developing, biennially reviewing, and updating procedures to implement this policy.

Adopted: April 21, 2022

Amended: September 19, 2024

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Legal Refs.: Code of Virginia, 1950, as amended, § 22.1-271.8.